STARTERS & SOUP

Grilled Flatbread Topped with tomato sauce, sliced bocconcini cheese, fresh basil and a balsamic glaze. 7.95

Crab, Parmesan & Spinach Dip Crab, aged Parmesan and spinach, with crispy chips. 9.45

Shrimp Cocktail Chilled Black Tiger shrimp with a zesty martini cocktail sauce. 10.95

Baked Garlic Shrimp Baked shrimp with garlic, herbs, Jack and Cheddar cheeses. 7.95

Scallops & Bacon Bacon-wrapped scallops with a zesty martini cocktail sauce. 9.95

Sweet Hot Calamari Lightly breaded and fried, topped with a sweet and spicy ginger garlic sauce. 9.95

Escargot Escargot stuffed mushroom caps with garlic and herbs. 7.95

Mushrooms Neptune Wine simmered mushroom caps with crab and cream cheese. 7.95

Baked Goat Cheese Warm goat cheese coated in crushed almonds, with tomato basil salsa. 8.95

Chicken Strips Crispy coated chicken with sauce for dipping. 8.95

Garlic Cheese Bread Cheddar, Monterey Jack and Parmesan cheeses oven toasted to a golden brown on French stick. 4.95

Loaded Nachos Loaded with Cheddar, Monterey Jack, black olives, jalapenos, tomatoes and green onions.
Regular 8.95 Keg Size® 12.95

French Onion Soup Hearty beef broth, Spanish onions, Swiss and Parmesan cheeses. 5.95

SALADS

Keg Caesar or House Salad Your choice of our freshly tossed Caesar salad or our garden fresh house salad comes at no extra charge with your entrée.

OUR STEAK STORY

A Cut Above
Always well trimmed and cut to avoid excess fat and gristle.

Better with Age
New York striploins and sirloins are specially aged a minimum of 28 days for extra tenderness.

Well Marbled
Resulting in a juicy, more flavourful steak.

Added Spice
Sprinkled with our unique blend of spices and seared over high heat to lock in the natural juices.

GRILLED TO PERFECTION

Blue Rare Cool, blue, all the way through.

Rare Cool centre, bright red throughout.

Medium Rare Warm centre, red throughout.

Medium Warm, pink centre.

Medium Well Hot, small trace of pink in the centre.

Well Done Hot, fully cooked throughout.

Chicago Charred outside, cooked to order inside.

Please consult your server if you have any food allergies or sensitivities.

*All prices subject to applicable taxes. HFX/DCDN
www.kegsteakhouse.com

PRIME RIB

Our Prime Rib is specially aged for extra flavour and tenderness, rubbed with our unique blend of spices and slow roasted. Hand-carved and served with roasted garlic mashed potatoes, horseradish and red wine herb au jus.

Small 21.95 • Regular 25.95 • Keg Size® 29.95

PRIME RIB COMBINATIONS

For those who want the best of both worlds.

Prime Rib & Tiger Shrimp Slow roasted prime rib with a skewer of Black Tiger shrimp. 28.95

Prime Rib Oscar Slow roasted prime rib topped with shrimp, scallops, asparagus and Bearnaise sauce. 29.95

Prime Rib & King Crab Slow roasted prime rib with steamed Alaskan King crab legs. 34.95

Prime Rib & Lobster Slow roasted prime rib with an oven baked Atlantic lobster tail. 39.95

The above combinations are served with roasted garlic mashed potatoes.

SEAFOOD

Served with rice pilaf.

Zesty Salmon A grilled fillet basted with a sweet and mildly spicy sauce. Served with chili mayonnaise. 24.95

Pesto Salmon Salmon fillet, basted with pesto and served on tomato sauce. 24.95

Tiger Shrimp Two skewers of Black Tiger shrimp grilled with garlic and herbs. 26.95

King Crab Dinner One pound of steamed Alaskan King crab legs. 36.95

Lobster Tail Dinner Two succulent Atlantic lobster tails with butter for dipping. 41.95

CHICKEN

Served with roasted garlic mashed potatoes.

Grilled Thai Chicken Boneless chicken with sautéed onions, bell peppers and snap peas in a sweet hot Thai chili sauce. 19.95

Chicken Oscar Grilled chicken topped with shrimp, scallops, asparagus and Bearnaise sauce. 25.95

Creole Chicken Grilled chicken topped with shrimp and scallops sautéed in Creole seasonings. 24.95

Mushroom Balsamic Chicken Sautéed portabella, shiitake and button mushrooms over grilled chicken with a balsamic cream sauce. 21.95

RIBS

Served with Keg fries.

Honey BBQ Chicken & Ribs Grilled and basted with our own honey BBQ sauce. 24.95

Honey BBQ Ribs Pork back ribs grilled with our own honey BBQ sauce. 26.95

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SIRLOINS

Served with a baked potato.

Grilled Top Sirloin Considered the most flavourful steak. Regular 21.95 Keg Size® 26.95

Teriyaki Sirloin Our top sirloin steak marinated in our own Teriyaki sauce. Regular 21.95 Keg Size® 26.95

Sirloin Oscar Grilled top sirloin topped with shrimp, scallops, asparagus and Bearnaise sauce. 29.95

Three Mushroom Sirloin A perfectly grilled top sirloin with sautéed portabella, shiitake and button mushrooms in a balsamic cream sauce. 23.95

NEW YORKS

Served with a baked potato.

New York Tender New York striploin. The King of steaks. Regular 28.95 Keg Size® 33.95

Peppercorn New York New York striploin with black peppercorns and Keg peppercorn sauce. Regular 29.95 Keg Size® 34.95

SIDES

A perfect addition to your steak. Large enough to share.

Garlic Cheese Bread 4.95 • **Portabella & Button Mushrooms** 6.95

Steamed Fresh Asparagus 6.95 • **Sweet Potato Fries** 4.95

Trio Sampler Steamed asparagus, sautéed mushrooms and sweet potato fries. 8.95

TRADITIONAL STEAKS

Served with a twice baked potato (contains bacon bits).

Baseball Top Sirloin So thick that medium rare is the most we can cook it! 26.95

Rib Steak Grilled to your liking, boneless beef rib steak with sautéed mushrooms. 31.95

Filet Mignon Tenderloin wrapped in applewood smoked bacon. The ultimate in tenderness. Regular 29.95 Keg Size® 35.95

Bleu Cheese Filet Our filet mignon wrapped in applewood smoked bacon and grilled to your liking. Covered in a Bleu cheese crust, served golden brown and sprinkled with roasted garlic cloves. 30.95

STEAK COMBINATIONS

Served with a baked potato.

Top Sirloin & Tiger Shrimp Naturally grilled or Teriyaki with a skewer of Black Tiger shrimp. 28.95

Top Sirloin & King Crab Naturally grilled or Teriyaki with steamed Alaskan King crab legs. 34.95

Top Sirloin & Lobster Naturally grilled or Teriyaki with an oven baked Atlantic lobster tail. 39.95

CLASSIC COCKTAILS

MANHATTAN Wiser's Deluxe rye with sweet vermouth, served ice cold. (3 oz) 8.95

BLOODY CAESAR Polar Ice vodka, Caesar mix and spices. (1 oz) 5.75 Keg Size® add 2.95

RUSTY NAIL Ballantine's scotch and Drambuie. (1 oz) 5.95 Keg Size® add 2.95

BLACK RUSSIAN Kahlua and Polar Ice vodka. (1 oz) 5.95 Keg Size® add 2.95

FRESH SQUEEZED

All citrus juices are fresh squeezed. (1 oz) 5.75 Keg Size® add 2.95

ALABAMA SLAMMER Southern Comfort, amaretto and orange juice.

SEABREEZE Polar Ice vodka, cranberry cocktail and grapefruit juice.

GREYHOUND A bold mix of Polar Ice vodka and grapefruit juice.

SCREWDRIVER Polar Ice vodka and orange juice.

TROPICAL ITCH Polar Ice vodka, rum, gin, Cointreau, pineapple and orange juices.

MARTINIS

CLASSIC MARTINI Your choice of Beefeater, Tanqueray or Bombay Sapphire gins or Polar Ice, Stolichnaya or Absolut vodkas with a hint of vermouth. (3 oz) 8.95

TOP SHELF MARTINI Your choice of Belvedere or Grey Goose vodkas or Tanqueray No. Ten gin. (3 oz) 11.95

GREEN APPLE Sour apple liqueur and Polar Ice vodka with lemon and lime juices. (3 oz) 8.95

COSMOPOLITAN Polar Ice vodka, Cointreau and cranberry cocktail with lime juice. (3 oz) 8.95

FROZEN COCKTAILS

(1 oz) 5.95 Keg Size® add 2.95

PINA COLADA • MARGARITA • DAIQUIRI • MUDSLIDE

STRAWBERRY DAIQUIRI • STRAWBERRY MARGARITA

The above frozen cocktails are made with Island Originals drink mixes.

BEER

We offer a wide variety of domestic, premium and imported bottled beer including the all time favourite... Heineken.

Our on tap selections include Coors Light, Rickard's Red, Rickard's Original White and Heineken.

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